Essence: Sweet children, the time of amrit vela is very good. Therefore, wake up early in the morning,

sit in solitude and talk sweetly to Baba.

Question: What knowledge helps you a great deal to become a constant yogi?

Answer: The knowledge of the drama. Whatever happens is destined in the drama. Your stage should

not fluctuate at all. No matter what the situation is like, even if there is an earthquake or a loss of business, not the slightest doubt should arise about anything. This is known as being a mahavir (courageous soldier). If there isn't accurate knowledge of the drama, you continue to

shed tears. Knowledge of the drama helps you a great deal to become a constant yogi.

Song: Salutations to Shiva...

Om shanti. Children understand very well that it is now the end of the impure world. It is now the beginning of the pure world. Only you children know this. It is only you children who receive these directions or shrimat. Who is giving this to you? God, the Highest-on-High. He continues to explain to you that you have to become pure from impure. This knowledge is for you. Everyone else is impure. This impure world is definitely to be destroyed. Those who indulge in vice are called impure. The Father explains: You have been causing one another sorrow for birth after birth. This is why you have experienced sorrow from its beginning through the middle to the end. You continue to make one another impure. Although they call out that they are impure, this doesn't fully sit in their intellect. They call out: "Purifier, come", and yet they don't stop becoming impure. You now understand that everything is about becoming pure. You need someone who can explain all of this. There is only the One who can explain this. None of those gurus can purify anyone. You have to become pure, not just for one birth, but for birth after birth. Those of you who are knowledgeable go ahead fast. This is fixed according to the drama. You also need to be very courageous. That can only come about by staying in remembrance of the Father. The Father sits here and explains to you very clearly. Baba says: Wake up early in the morning and remember Baba. That is a very beautiful time to stay in remembrance. It is called dawn. On the path of devotion, people say: Remember God in the early morning hours, oh mind! The Father too says: Wake up early in the morning and remember the Father and you will enjoy yourself a great deal. Whilst sitting in remembrance of the Father, you should think about how to explain to others. The atmosphere at amrit vela is very pure. During the day you are engaged in your mundane business. Until midnight there is an impure atmosphere. Sages, holy men and devotees all perform devotion in the early morning hours. In fact you can stay in remembrance throughout the day too. They remain engaged in their business, but their intellect's yoga would be connected with the deity whom they worship. However, it doesn't always remain like that for everyone. On the path of devotion, although they all make effort just to have a vision, they don't receive anything. Whilst doing worship etc. they have to become tamopradhan. On the path of devotion too, they offer a sacrifice to Shiva. They call that sacrificing the self at Kashi. They jump into the well whilst remembering Shiva. That is the sacrifice to Shiva. That is the sacrifice of the path of devotion. This is the sacrifice of the path of knowledge. That is difficult and this too is difficult. There is no benefit through that on the path of devotion. That is like a soul committing suicide of his body. That is not knowledge. They also say that the soul is the Supreme Soul. Only the one Father is soul conscious and He explains to you children that He alone is the Supreme Soul. It is the biggest lie to say that the soul is the Supreme Soul. That's impossible! The Father says: I only come to purify the impure, and so I am purifying you now. Nevertheless, whatever is to happen in the drama will happen. For instance, if an earthquake takes place or the roof falls in, that is called destiny. It happened like that in the previous cycle too. There is no need to fluctuate even slightly over that. You have to remain very firm on the drama. This is known as being a courageous soldier. So many people have accidents etc. Are any of them protected? It is fixed in the drama. Such is their part in the drama. Those who don't understand the drama remember the bodies and continue to shed tears. They can never remember Shiv Baba because they don't love Shiv Baba. They don't have that true love. There has to be full love for the Father. You become those who have love in your intellect for Shiv Baba every cycle. You wouldn't say that the deities had an intellect with love for the Father. They attained that status by having love at this time. There, they wouldn't know anything.

Throughout the whole cycle, you don't know anything about Shiv Baba which would enable you to love Him. The Father has now given you His introduction. The Father says: Now break away from everyone else and connect with Me alone. This is definitely the time of destruction. You children know this, whereas people are in extreme darkness. You now understand that you have to claim your full inheritance from the Father. Without staying in remembrance, you cannot become satopradhan. Become a surgeon and examine your own illness. Follow shrimat and see how much you love the Father. It is best to remember the Father at amrit vela. The early morning hours are very good. There won't be any storms of Maya at that time. There is no benefit in doing tapasya till midnight because that time is very dirty. The atmosphere is very bad at that time. Therefore, you should leave that for until after 1.00 am in the morning. The atmosphere is good after 1.00 am. The Father says: Yours is easy Raja Yoga. Therefore you may sit comfortably. Baba tells you His own experience of how He talks to Baba. Baba, how wonderful this drama is! Look how you come and make the impure ones pure! Look how you change the whole world! It is a great wonder! Just as the father has these thoughts, so you children should also have thoughts of how to take the boat of human beings across. The Father says: You continue to call out: O Purifier, come! Now that I have come, don't become impure! Don't become impure and then come and sit in the gathering. Otherwise, you make the atmosphere impure. Baba knows everything. In Delhi and Bombay, those who indulged in vice would come and sit there. It is remembered that devils came and sat to create obstacles. Those who indulge in vice are called devils. They spoil the atmosphere. The punishment is very severe for them. Baba explains everything. Nevertheless, they don't remain without causing themselves a loss. They even tell lies. You should instantly write to Baba and say: Baba, I made this mistake. Please forgive me! Write about the sins you have committed. Otherwise, they will continue to increase and you will end up in the extreme depths of hell. They come to take something and go back with their ears cut off. This too is a part of the drama. There were such devils in the previous cycle. They even exist now. They put aside nectar and drink poison. They themselves commit suicide and also cause others a loss. They spoil the atmosphere. Not all teachers are the same. There are elephant riders, cavalry and infantry. You children should have a lot of happiness. You have found the Father; what else do you need? Yes, you definitely have to look after your children etc. Don't think that everything belongs to Baba and you can therefore say to Baba. Baba, You look after them! I now belong to You. The Father explains: Whilst living at home with your family, become as pure as a lotus. Don't perform impure actions. The first thing is lust. It was because of this that Draupadi called out for protection. She called out when the Father who could hear her had come. No one calls out for protection before He comes. To whom would they call out? It is because Baba has come that they call out. Where would they go after becoming pure from impure? They have to return home and this is the time to do that. The Bestower of Salvation for All and the Liberator is One. There is sorrow here. None of the sages or holy men can be happy here. Everyone has one or another type of sorrow or illness etc. There are even blind and crippled gurus. They must definitely have performed such actions for them to become blind or crippled. There won't be anyone blind or crippled in the golden age. People don't understand this. Only the Father comes and explains this. Only the Father is the Ocean of Knowledge and the Purifier. All the rest is devotion. The path of devotion is separate. That is the path for coming down the ladder. It takes 84 births to come down into a life of bondage. It then takes a second to go into a life of liberation. That is, if you follow this One's directions and remember the Father! It is numberwise. They say: It would be good if we could have that one as our teacher. It is because they themselves are weak that they ask for a teacher to come to them for 2 to 4 months. Baba says: This too is a mistake. Why do you remember your teacher when Baba tells you something very easy? Simply remember the Father and spin the discus of selfrealisation! Also explain this to others. That's all! What would the teacher come and do? This is a matter of just a second. By becoming engaged in your business you forget the Father. Even then, the teacher would say: Manmanabhav! Some simpletons don't understand anything and say that they want a good teacher. You too have received knowledge. Remember the Father and the inheritance! Renounce body consciousness! "This is my centre." "That is that one's centre." "Why does this student go there?" All of these things are of body consciousness. This is Shiv Baba's centre, not "mine". Why do you feel that Soand-so is not coming to your centre? He can go anywhere. Baba always says: Don't ask for anything of anyone. You can understand what you will receive if you don't sow seeds. On the path of devotion, too, they donate and perform charity. On the path of devotion you do everything for God indirectly. People give a lot to sannyasis. Normally donations are made to the poor, not to the wealthy. The donation of food is the best of all. The Father explains that when you donate, you receive the fruit of that in your next birth. God gives everyone the fruit of that. Sages and holy men cannot give any return. It is only the one Father who gives that. He can give it through anyone. The Father explains: You used to give in the name of God, and He used to make sure that you received the return of that in your next birth. I have now come to you directly. You will now receive the return for 21 births. Death is standing just ahead! On the path of devotion, you were not told that death is standing in front of you and that you must therefore use everything you have in a worthwhile way. You weren't told this! The Father now explains to you: Open this spiritual hospital for anyone who wants it. Some people say that they will build a building in which you can open this hospital. The Father says: If you build a building today and you die tomorrow, everything would finished. There is no guarantee for the body. Just keep one room in the home you have now in which you can open a spiritual hospital and spiritual college. When you benefit many, you claim a very high status. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

Follow shrimat and examine yourself to see if you have true love for the one Father at this time of destruction. Have I broken away from everyone else and connected with only the One? Do I perform any sinful actions and thereby become a devil? Examine yourself in this way and transform yourself.

There is no guarantee for your body. Therefore use everything you have in a worthwhile way. In order to make your stage constantly stable and unshakeable, continue to move along whilst keeping the understanding of the *drama* in your intellect very well.

Blessing:

May you be an embodiment of remembrance and make your awareness powerful with the help received at amrit vela and the sustenance received by following shrimat. If you wish to make your awareness powerful, and become an embodiment of remembrance, then understand the *value* of the time of amrit vela. Recognise the time according to shrimat and condust yourself according to the time and you will be able to attain all attainments easily and become free from having to labour. By conducting yourself with the understanding of the importance of amrit vela, every action will be filled with importance. Because there is special silence at that time, you are easily able to make your awareness powerful.

Slogan:

Only those who become conquerors of Maya through remembrance and do altruistic service become constantly victorious.

OM SHANTI